

Does a Father Really Influence the Sex of Baby?

I did my own research and experiments in the past years on our ability to conceive a specific gender naturally. Upon completion of my research I discover that there are 4 specific factors that will contribute to your success. In this article I will discuss two of them namely:

1. Mother's diet
2. Mother's body pH

So, why are these two factors so critical?

You should understand by now that your baby gender is determined by a SPERM, either a male or a female sperm. The egg carries chromosome X (girl). A female sperm carries one chromosome only, an X (girl) chromosome. A male sperm carries two chromosomes, X (boy) and Y (girl) chromosomes.

When a sperm meets an egg, a new life is created. The gender is of course determined by which sperm that fertilized the egg, a baby girl is created when a female sperm that carries an X chromosome meets an egg which also carries an X chromosome. When X and X meets each other, it will become an XX and it is a girl. If the Y chromosome meets the egg first, then the baby will be a boy because when X and Y chromosome meet each other, it will become an XY which is a boy.

Here are the characteristics of each of them, X (girl) sperm and Y (boy) sperm:

1. X-chromosome sperm is much larger and slower moving than Y-chromosome sperm.
2. Y-chromosome sperm is smaller, fast moving and resistant to an acidic environment than X-chromosome sperm.

Mother's diet:

Well, it is all about the context of acidic or alkaline foods. As mentioned above, Y-chromosome sperm is less resistant to an acidic environment, so a mother must eat large quantities of calcium and magnesium like cheese, nut, milk, beans and cereals in order to conceive a baby girl.

On the other hand, taking foods with high sodium and potassium like meat, fish, bananas and vegetable will definitely give you a baby boy.

Mother's body pH:

Ovulation has an effect on the pH of the body. When a woman is getting closer to her ovulation time, her body will be more alkaline. Since alkaline environment will give an advantage to Y chromosome, it really makes sense that you must have your sexual intercourse at this time to get a boy. On the other side, if you want a girl, you have to have your sexual intercourse 2 days before and 2 days after your ovulation time. This is the time when a woman's body is very acidic.

As a conclusion, even though the father provides the chromosomes X and Y, he CANNOT determine the sex of the baby. It is all depending on the woman's body at the time of conceiving.

For the remaining 2 crucial factors, please feel free to visit my site at your own convenient.

About the Author

Are you tired and frustrated when all of your children are of the same gender or you want to choose a specific gender for your first or youngest child? Well, you have found the right place, be sure to visit my blog, [determinebabysex](#) for helpful tips and advice on choosing the sex of your baby. Plus, discover the one thing you should know while pregnant, [click here to learn more](#) and much more.

Source: <http://www.secondarticle.com>